

## CARNIVAL SQUASH

\*Sweet Dumpling/Acorn Hybrid

## **Application**

The Carnival squash can be **steamed, boiled** or **sautéed**. Although the **most effective** way to achieve optimal flavor and texture is **by roasting** it.

Bake at 400 degrees for 30-35min

- It can be roasted **whole**, **cut in half** or into **pieces**.
- It can also be utilized as an edible vessel, as its size often lends itself to individual sized serving portions.
- Carnival squash also pairs well with; pork, lamb, other roasted winter vegetables, maple syrup, toasted walnuts and pecans, and aged cheeses.

Best stored in a **cool, dark space** for up to a **month**.

Also, highly **ornamental** to any table or bowl display!

**SWEET** 

Soft with nutty nuances.

Averages 4"- 5" 1.5 - 2 lbs

Maturity: Yellow, Green and Orange

Vitamin A, C,
Potassium,
Magnesium,
Calcium, Folate,
Omega 3 & 6
Fatty Acids

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