



FAIRYTALE PUMPKIN

Application

Fairytale pumpkins are best suited for both **RAW** and **cooked** applications such as **sautéing, baking, boiling, and roasting**.

- **Raw slices** can be used in **salads**, consumed as a **snack** similar to cantaloupe, or used as a **garnish** on top of main dishes.
- When **cooked**, the pumpkin can be **roasted** and blended into **soups, stews, curries, casseroles, butter, cream-based sauces, and pasta dishes**.
- Fairytale pumpkins are also used in a variety of **desserts** and **baked goods** such as pies, tartlets, muffins, cakes, and cookies.

Bake at **400 degrees** for **90 – 120 min.**

- To prepare, cut like a pie from the bottom.
- Scoop seeds and wrap in foil on a baking sheet or place in a covered baking dish.

Store up to **9 months** in a **cool and dry** location. **Once diced** stores up to **2 weeks** in the **refrigerator**. Fairytale **pumpkin slices** can also be **frozen** up to **6 months**.

SPICY SCENT
MILD/Sweet Flavor

Enjoy **RAW** or
Cooked: Smooth,
creamy and tender

Averages
15 - 20 lbs

Maturity:
From a Dark Green
to a Rich Buckskin

Vitamin A & C, Beta
Carotene,
Potassium/Mag,
Omega-3, B-complex
and Copper

THE PUMPKIN STAND

7844 State Rte 414
Ovid, NY 14521

www.ThePumpkinStand.com

OPEN Daily 10AM-6PM
Labor Day - Halloween