



# LONG ISLAND CHEESE PUMPKIN

## Application

The Long Island Cheese pumpkin is known for its culinary attributes but is also recommended as a **healthy dietary addition** for **household pets**. When **fed raw to chickens** it's known to help support **healthy egg production** in the winter months.

**Bake at 400 degrees for 45 – 55 min.**

- To prepare, cut like a pie.
- Roast, dice and add to **curries, soups** and **stews**.
- Commonly used for **pies** and various **bake goods**.

Long Island Cheese pumpkins are **excellent keepers** and can be stored in a **cool, dry, dark place** for up to **three months**.

**MILD/SUBTLY  
SWEET**

**Smooth, Fine  
Grain Texture  
- Edible Seeds**

**Averages  
6 – 10 lbs**

**Maturity:  
Tan with Slight  
Ribbing and Dry  
Stem**

**Vitamin A, C,  
Potassium and  
Beta Carotene**

## THE PUMPKIN STAND

7844 State Rte 414  
Ovid, NY 14521

[www.ThePumpkinStand.com](http://www.ThePumpkinStand.com)

OPEN Daily 10AM-6PM  
Labor Day - Halloween